



# PREMIER SOCCER CLUB

## 2010 GIRLS PROGRAM FACT SHEET

The Premier Soccer Club is open to players, ages 15-19, who reside in the Park Ridge area or play for local area high schools. Premier SC is an affiliate of Park Ridge Soccer, but with a separate budget and management structure. The club's mission is to help high school players develop to their full soccer potential. Past rosters have included players from Maine South, Maine East, Maine West, Loyola, St Ignatius, Resurrection and others. The program offers full time professional coaching, competitive match play, and excellent practice and match facilities – all available locally and at a reasonable cost.

**Teams:** The Club is select. All prospective players must tryout. Players are selected based on the skills and attitude evidenced during tryouts. Team count and make-up will depend on the number and the strength of the tryout participants. Last Fall, the Premier fielded three teams. Generally, the make-up of the teams is the following:

- U-15 (principally freshmen)
- U-16 (principally sophomores)
- U-17/18 (principally juniors and seniors)

Some players may be asked to play up out of their age group, based on talent and interest, to balance teams. Player selections are made by the Premier coaching staff.

**Coaching:** All teams have a full time, professional coach. Coaches plan and direct all training sessions and attend all games. The staff is committed to work with coaches at the area high schools to make sure the program matches HS player development goals. Profiles for the coaching staff can be found in the Premier Section of the PRS website. Coaching assignments are made after the teams are established.

**Tryouts:** Tryouts will be held in early June usually after the completion of the girl's high school season. Tryout information and registration forms are available by contacting the PRS girl's high school program coordinator or on the PRS website.

**Schedule:** Practices for the fall season typically begin in mid-August. Additional summer training will also be offered. All teams will play in at least one tournament. Premier Soccer plays a 10 game season in the Illinois Women's Soccer League (IWSL) that runs from early September to early November and we will also explore opportunities to participate in a "college showcase" tournament.

**Facilities:** Once school starts, practices take place two evenings a week under the newly upgraded lights at Centennial Park. Games are regularly scheduled on Sundays, with home games played on the PRS fields at Woodland Soccer Complex.

**Indoor:** A winter indoor league option, running from January through February, is available for those wishing to participate. Indoor winter training will also be available and run by the coaches. Weekly indoor skills training emphasizing individual technique/skill and off-season conditioning will be conducted in preparation for high school tryouts in March.

**Commitment:** Each coach sets specific rules and expectations for each team, but in general, players are expected to be serious about their soccer and have good attendance at team practices and weekend matches. Many of our players have been able to compete in a high school sport or other high school activities along with their club soccer.

**Cost:** Team fees can be as high as \$450 – \$550 per player (including 1st year uniform costs). Winter participation in the indoor soccer league and/or skills training is optional and not included as part of the basic fee, but the additional cost for these are modest, around \$150 each if participation is strong.

**Contact:** For more information or to receive a registration package, please contact Scot Hayden, 847-924-0642 (cell) or Chris Caudill, (312) 404-4230 or send an E-mail to [scot Hayden@comcast.net](mailto:scot Hayden@comcast.net) & [caudillprs@gmail.com](mailto:caudillprs@gmail.com) or visit the PRS website – [www.prsoccer.com](http://www.prsoccer.com), click "Programs", "H.S. Premier".